

# ZINE

## AIM:

This activity is based on the creative depiction of life experiences through making one's own fanzine, which will positively empower all its readers who are facing a similar hurtful life experience as the zin's author. At the same time, it will offer possible solutions to all who wish to deal with similar situations with respect.

## TYPE OF ACTIVITY:

deepening activity

## TARGET GROUP:

**group size:** any size

**age:** 15–25 years

**gender:** any gender

## DURATION:

- ▶ introduction of the activity: 15 minutes
- ▶ creative making of zines: 60 minutes
- ▶ discussion: 30 minutes (depends on the group size)

## ACCESSIBILITY:

- ▶ creative work at the table
- ▶ presentation of the created output

## MATERIALS:

- ▶ magazines, newspapers
- ▶ pieces of coloured cloth
- ▶ various coloured writing implements (marker pens, coloured pencils)
- ▶ scissors
- ▶ glue

- ▶ white and coloured papers
- ▶ stickers
- ▶ glitter
- ▶ washi tapes
- ▶ a photocopier
- ▶ photographs, postcards
- ▶ natural materials (twigs, flowers)
- ▶ a stapler
- ▶ embroidery equipment
- ▶ stamps
- ▶ any other similar tools you consider useful

## PROCESS:

The activity is based on the creative making of zine. We will create our zine individually or in groups using one of the needs from River of Life activity which we discussed in the activity's third part "Needs and their fulfilment in relationships". Each individual/group chooses one need from the previous discussion which they will work with later on. Next, we ask participants to create a zine based on this need and the conclusions of the previous discussion. This zine should illustrate how this selected need can be fulfilled or expressed in a relationship using a situation or a story.

## REFLECTIVE QUESTIONS:

At the end of the activity, we ask participants to present their zines. During the presentations, it is possible to address:

- ▶ Which need from the River of Life participants worked with?
- ▶ Why did they choose this need?
- ▶ Describe zine's content — which situation or story their zine depicted, which messages did they work with?
- ▶ In what way is the selected need in this story/situation/message fulfilled or depicted?