

# THAT IS OKAY FOR ME – THAT IS NOT OKAY FOR ME

## AIM:

This exercise aims to identify violent behaviour and overstepping of boundaries.

## TYPE OF ACTIVITY:

opening or in-depth activity

## TARGET GROUP:

4 to 20 people (2 to 4 small groups),  
13 years and older

## DURATION:

- ▶ 34 to 40 minutes

## ACCESSIBILITY:

- ▶ ability to read

## MATERIALS:

- ▶ paper
- ▶ pencils
- ▶ glue
- ▶ prepared (cut-out) questions (one sentence per group)

## PROCESS:

The group will be split up into small groups of 2 to 5 people. Each group gets one sentence of the prepared questions (if the group is very small, each person can work on one question alone). OKAY will be written on the top of a piece of paper; NOT OKAY will be written at the bottom of it.

Now the groups have to decide where they want to place each of their sentences. When every group has decided on the sentences, they will glue them on the paper. The results on papers must indicate slight differences/gradation on the scale OKAY–NOT OKAY.

Afterwards, the results will be put side by side. One person reads a sentence out loud, and the group explains why they put the sentence there and what they talked about.

After this, there can be a reflection on the exercise.

Questions and points of discussion:

- ▶ Which situations were difficult to rate?
- ▶ Was it easy/difficult to decide in the group? Why?
- ▶ What did you talk about?
- ▶ Which genders/gender identities did you find in the sentences?
- ▶ Would you rate a situation differently if the acting people had a different gender? How? Why?

Most of the names in the example sentences were chosen to be gender-neutral.

Interesting would be: Are there questions about the gender of the mentioned people, or are there assumptions about the gender? What are the assumptions?

In this context, there can also be a conversation about social connections, stereotypes, expectations, etc.