

I AM SPECIAL, ...

AIM:

The aim is to discuss different facets of identity/ies, the recognition of differences and the uniqueness of every individual.

TYPE OF ACTIVITY:

opening activity

TARGET GROUP:

5 to 20 people, 13 years and younger

DURATION:

- ▶ 25 minutes

ACCESSIBILITY:

- ▶ none

MATERIALS:

- ▶ paper
- ▶ pens

PROCESS:

Each participant thinks for themselves about what makes them special and why. Depending on the group, examples can be given. If necessary, the participants can also make notes.

After this, there will be a discussion in the whole group.

Possible questions for the discussion:

- ▶ Was it easy/difficult to find something special? Why?
- ▶ Does someone want to present their characteristics?
- ▶ How does it feel to tell the group/come out?
- ▶ Why did you share some things and others not?
- ▶ Were you afraid of something?

Continuative and reflexive questions:

- ▶ Who is very self-confident?
- ▶ Who is reluctant and why?
- ▶ Which (including gender stereotypes) trait attributions to oneself are made?
- ▶ How is "being different" felt and articulated?
- ▶ Who is proud of their individuality? Who has a positive self-image?
- ▶ Why can it be difficult to say something special about yourself?

ALTERNATIVE VERSION:

As an alternative, distribute the example sentences to the group, and the participants can discuss and talk about them.